

CHRISTIAN MOTOCROSS CLUB™

Journal

MEMORY VERSE

May 2025

QUOTE FOR THE MOMENT

"Be yourself; everyone else is already taken." Oscar Wilde

1 John 1:9

He is faithful and just and will forgive us our sins and purify us. 1 John 1:9

RENEN



Jan 11 Anaheim 1 Angel Stadium of Anaheim
Jan 18 San Diego Snapdragon Stadium
Jan 25 Anaheim 2 Angel Stadium of Anaheim
Feb 1 Glendale State Farm Stadium
Feb 8 Raymond James Stadium Tampa FL
Feb 15 Detroit Ford Field
Feb 22 AT&T Stadium Arlington TX
Mar 1 Daytona Daytona International Speedway
Mar 8 Indianapolis Lucas Oil Stadium
Mar 22 Birmingham Protective Stadium
Mar 29 Seattle Lumen Field
Apr 5 Foxborough Gillette Stadium
April 12 Lincoln Financial Field Philadelphia PA
April 19 MetLife Stadium East Rutherford NJ
April 26 Acrisure Stadium Pittsburgh PA
May 3 Empower Field at Mile High Denver CO
May 10 Salt Lake City Rice-Eccles Stadium

Be the first to name this rider and win a decal sheet from the club.
Send in your answer to chmxclub@comcast.net



Stretching is crucial for maintaining flexibility, preventing injuries, and improving overall health and performance. It helps increase range of motion, reduces muscle stiffness, and enhances circulation, contributing to better posture and physical performance.

Here's why stretching is important:

• Flexibility and Range of Motion:

Stretching keeps muscles flexible and prevents them from shortening and becoming tight, which can limit mobility and movement.

• Injury Prevention:

Stretching helps prepare muscles for activity, reducing the risk of strains, sprains, and other injuries.

• Improved Performance:

Increased flexibility and range of motion can improve athletic performance in various activities.

• Muscle Health:

Stretching helps keep muscles healthy and strong by promoting blood flow and nutrient delivery.

• Postural Benefits:

Stretching can improve posture by addressing muscle imbalances and correcting improper alignment.

• Stress Relief:

Stretching can reduce muscle tension and promote relaxation, leading to a decrease in stress and improved mood.

• Circulation:

Stretching helps to increase blood flow to muscles and joints, delivering oxygen and nutrients.

PRAYER REQUEST

Pray about everything; School, Work, Family, Country, Church, Money, Thoughts, Temptations, Bills, Traveling, Relationships, Reactions, Actions, Motives, Not being a Gossip, Protection for your family and home, Bosses, Co-Workers.

Remember to pray for your church leaders and administration team.

Keep in mind if you have a prayer request or a praise report please let me know.

Do you have a designated place where you can go to pray and read the word? You might try this, it has worked for me.

-Pray for Israel and our country here in the USA

Please keep Ben Hunter's friend and family in your prayers, his friend committed suicide recently.

Ty Rogers has accepted a new job and has to move cross country, please keep him and his family in your prayers.

Please keep this ministry in your prayers as we get ready to attend a few Outdoor Nationals this summer.



PHOENIX
HANDLEBARS



Today's motocross is thought to have evolved from the United Kingdom's 1909 Auto Cycle quarterly trial event. In the 1920s, dirt bike racing events began popping up across the United Kingdom. In the 1950s, the racing trend made its way to the United States. In 1972, the first stadium race was held in the LA Coliseum.

My first short-term missions trip was to the Amazon jungle in Brazil to help build a church by the river. One afternoon, we visited one of the few homes in the area that had a water filter. When our host poured murky well water into the top of the contraption, within minutes all the impurities were removed, and clean, clear drinking water appeared. Right there in the man's living room, I saw a reflection of what it means to be cleansed by Christ.

When we first come to Jesus with our guilt and shame and ask Him to forgive us and we receive Him as our Savior, He cleanses us from our sins and makes us new. We're purified just like the murky water was transformed into clean drinking water. What a joy it is to know we are in right standing with God because of Jesus' sacrifice (2 Corinthians 5:21) and to know God removes our sins as far as the east is from the west (Psalm 103:12).

But the apostle John reminds us that this doesn't mean we'll never sin again. When we do sin, we can be assured by the image of a water filter and be comforted by knowing that as "we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness" (1 John 1:9). Let's live confidently knowing that we're continually being cleansed by Christ.

MONEY MATTERS

Tax season just wrapped up - unless you filed for an extension but here is something to keep in mind for next year. If you aren't careful about keeping thorough records, you're probably not claiming all your allowable income tax deductions and credits. Set up a system now and use it all year. It's much easier than scrambling to find everything at tax time, only to miss items that might have saved you money.



Decal sheets are \$25.00
JERSEYS are \$50.00 and that price will get them to your door here in the USA.

Email us at chmxclub@comcast.net to order.



If you are interested in more information about the Christian Motocross Club we can be reached at chmxclub@comcast.net or follow us on Facebook. www.christianmotocrossclub.com