CHRISTIAN MOTOCROSS CLUB June 200

Philippians 4:6

OUOTE FOR THE

"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving, let your requests be made known to God."

"If you want to know what a man's like, take a good look at how he treats his inferiors, not his equals."

J.K. Rowling





the CMC. Thank you for all who particiated!!!

2025 MOTOCROSS TV & STREAMING

SCHEDULE

Fox RacewayWMX Round Saturday, May 24 Hangtown Saturday, May 31

> Thunder Valley Saturday, June 7 High Point Saturday, June 14

Southwick Saturday, June 28

RedBud Saturday, July 5

Spring Creek Saturday, July 12

Washougal Saturday, July 19

Ironman Saturday, August 9

Unadilla Saturday, August 16

Budds Creek Saturday, August 23

MECHANIX V











Are doughnuts good for you???

No, doughnuts are generally considered unhealthy. They are typically high in calories, sugar, and unhealthy fats, which can contribute to weight gain, obesity, and other health problems.

Here are some specific reasons why doughnuts are not considered good for you: High in calories: Doughnuts contain a lot of calories, which can lead to weight gain if consumed regularly. High in sugar: Doughnuts are very sweet, which can spike blood sugar levels and increase the risk of diabetes.

High in unhealthy fats: Many doughnuts contain trans fats or saturated fats, which can raise cholesterol levels and increase the risk of heart disease.

Low in nutrients: Doughnuts are generally lacking in essential nutrients such as vitamins, minerals, and fiber.

While it's okay to indulge in a doughnut occasionally, it's important to limit their consumption and pair them with other healthy foods to balance out their nutritional deficiencies.

<u>Prayer reouest</u>

Pray about everything; School, Work, Family, Country, Church, Money, Thoughts, Temptations, Bills, Traveling, Relationships, Reactions, Actions, Motives, Not being a Gossip, Protection for your family and home, Bosses, Co-Workers.

Remember to pray for your church leaders and administration team.

Keep in mind if you have a prayer request or a praise report please let me know.

Do you have a designated place where you can go to pray and read the word? You might try this, it has worked for

-Pray for Israel and our country here in the USA

Please keep Ben Hunter's friend and family in your prayers, his friend committed suicide recently.

Ty Rogers has accepted a new job and has to move cross country, please keep him and his family in your prayers.

Please keep this ministry in your prayers as we get ready to attend a few Outdoor Nationals this summer.



450SX Final Points Standings

1 Cooper Webb

2 Chase Sexton 3 Justin Cooper

4 Malcolm Stewart 5 Ken Roczen

250SX Final West Points Standings

1 Haiden Deegan

2 Julien Beaumer 3 Cole Davies

4 Jo Shimoda

5 Garrett Marchbanks

250SX Final East Points Standings 1 Tom Vialle

2 Seth Hammaker

3 R.J. Hampshire

4 Nate Thrasher 5 Cullin Park

Dirt Bikes Are Often The Easiest Motorcycle Type To Customize. Dirt bikes are stripped down and lack any unnecessary parts. This lends itself to a simple design, which is easy to personalize and alter with aftermarket accessories. Most of the people who wrote the Bible were of Hebrew ethnicity

More than 75% of the Bible's text is in the Old Testament, which was predominantly written by Hebrew prophets and scribes. Likewise, most of the New Testament was written by Christian Jews.

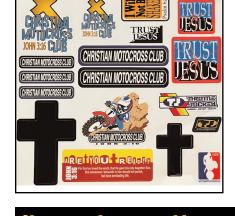
However, there are a few authors who may have been Gentiles. For example, some readings of Collosians 4:14 point to Luke, the traditional author of both the Gospel of Luke and Acts as a non-Jew. Brian had been with the heart specialist for more than an hour. His friend remained in the waiting

room, praying for wisdom and healing for his ailing friend. When Brian finally returned to the waiting room, he showed him the pile of papers he'd received. As he spread them out on a table, he discussed the various options being considered to treat his threatening condition. The two discussed the need to pray and ask God for wisdom for next steps. And then Brian said, "Whatever lies ahead, I'm in God's King Hezekiah "spread [a letter] out before the Lord" (2 Kings 19:14). The words in the letter didn't

address a threatening medical condition but the threat of a powerful enemy-Assyria-that had seized all the fortified cities of Judah and was preparing to attack Jerusalem, its capital. Hezekiah prayed, "You alone are God over all the kingdoms of the earth. . . . Now, Lord our God, deliver us" (vv. 15, 19). Soon the prophet Isaiah sent a message to Hezekiah, telling him, "The Lord . . . says: I have heard

your prayer" (v. 20). And "that night" God destroyed the Assyrian army (v. 35). Whatever you face today, spread it out before God. As you "present your requests to God" (Philippians 4:6), He hears you and is with you. You can rest in His hands as you experience His wisdom, love, and hope.

What will it mean for you to spread out before God the concerns on your heart today? How can you choose to rest in His power and presence? A. (=923) -



JERSEYS are \$50.00 and that price will get them to your door here in the USA. Email us at

chmxclub@comcast.net to order.



If you are interested in more information about the Christian Motocross Club we can be reached at chmxclub@comcast.net or follow us on Facebook. www.christianmotocrossclub.com